

No, You are NOT going CRAZY!!



Trudy Carter, RN

The human body is an amazing complex system of chemicals called hormones. These hormones are created and utilized by networking with organs, which intercommunicate on a minute-to-minute basis. These symptoms get off balance from time to time, creating all kinds of symptoms:

- Swelling of Hands / Feet / Breast Tenderness / Acne / Tenderness
- Irritable Bowel Syndrome / Abdominal Bloating
- Appetite up/down / Crave Sweets / Salts
- Sex Drive up/down
- Chills / Sweats / Seizures
- Headaches / Nausea
- Hirsutism (hair growth) / Alopecia (hair loss)
- Unexplained Infertility
- Irregular Menses / Menstrual Cramps
- Speech Problems / Voice Change
- Unexplained Pelvic Pain
- Increased Muscle Size
- Cystic Ovary History
- Striae / Stretch marks
- Increased Fatigue / Sleep Disturbance

- Unexpected Weight Gain
- Postpartum Depression
- Depression / Anxious
- Low Self Image / Lack of Ambition
- Irritability / Anger / Aggressive Behavior
- Easily Distracted / Accident Prone / Lack of Control

These problems might come and go or be constant. They may change at times in your cycle. You may have even discussed these symptoms with other physicians who found nothing wrong despite doing a thorough work up. This can be very frustrating for you, your family, and your doctor.

If you are experiencing ten or more of these symptoms listed - you are a good candidate for hormone testing.

Please be aware everyone is an individual and any two women having the same levels may present very differently. Also keep in mind, when you see other doctors for whatever the reason, that the laboratory values we consider abnormal may be well within standard norms. Our treatment protocol is on the cutting edge and is not widely understood. We are always more interested in treating you rather than the numbers on a lab results test.

Our hormone program has been very successful in dealing with the menopausal woman, infertility, PMS and the Polycystic Ovarian Syndrome patient. We truly care about our patients and their over-all well-being. There is help out there, but you have to make the first step in reaching out to solve whatever the problem may be.

Talk to your health care provider, who will then order the appropriate tests. Our Endocrine Nurse, Trudy Carter, RN, will evaluate your lab results and discuss a treatment plan with you.
